



Nursery Lunch Menu



Week 3

Day	A.M Snack	Main Course	Contents
Monday	Fresh fruit platter	Sweet and sour chicken served with cous cous and mixed vegetables	Chicken, pepper, celery, courgettes, aubergine
Tuesday	Wholemeal toast	Sausage and bean casserole served with herby mash and a bread roll	Sausage, mix beans, carrots, swede, mash potato
Wednesday	Toasted Muffin	Pork and leek pie with swede and carrot mash Peas and sweetcorn	Pork, leek, pastry, swede, carrots, peas, sweetcorn
Thursday	Cracker bread Apple	Haddock cobbler with country vegetables	Haddock, sweetcorn, peas, white sauce, mixed veg
Friday	Fresh vegetable platter	Vegetable moussaka served with salad	Aubergine, tomatoes, peppers, courgettes, potatoes, breadcrumbs, mixed salad

Fresh fruit is available at all meal times



Nursery Tea Time Menu



Day	P.M Snack	Main Course	Dessert
Monday	Breadsticks Grapes	Homemade pizza with ham, cheese and tomatoes	Sliced melon and pears
Tuesday	Cracker Oranges	Tuna and cheese panni Cucumber and carrot sticks	Fresh fruit platter
Wednesday	Fresh fruit platter	Jacket potatoes with mixed bean curry	Banana smoothie
Thursday	Vegetable platter	Homemade savoury scones with sliced egg and cheese cubes	Apples and oranges
Friday	Ryvita	Homemade minestrone soup with pasta	Homemade banana bread